

Blanca J. Otero
Optometric Assistant
RE: -4.75
LE: -4.50

I was introduced to Cornea Reshaping by Dr. Berke. I use to wear soft contact lenses every day and it started becoming very unpleasant to my eyes. I started feeling irritated, red, dry eyes; I could not wear them for a whole day without feeling the need to take them off by 6. I would alternate with eye glasses 🤔 which I never liked on me. So the first night I wore CR lenses was a little uncomfortable, because I could feel the lenses but it's not bad enough not to be able to handle it. The next morning was amazing. I was able to see way better and after a couple of nights my vision was better than 20/20 without any corrective lenses during the day. 🌍 I never imagined it would be this easy and how much better my eyes feel now. Sometimes I even forget how bad my vision was, it's incredible how sleeping with some lenses can make my vision be perfect. I even tested going a couple of nights without putting my lenses on and still have great vision. I'm so glad for this alternative since lasik was something I wouldn't do. All I have to say is that I recommend CR to everyone that has issues with their contact lenses and are tired of wearing glasses. Most important of all is that it could help stop the progression of myopia in younger people and that is something every parent should consider for their kid's own benefit. Thank you Dr. Berke my life is so much more wonderful with my new vision. 😊

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