

Hey Dr. Berke,

I want to thank you very much for giving my eyes the freedom they haven't had in years! Discovering Ortho K has been one of the best things that has happened to me. I love not having to wear glasses or bothersome contact lenses. I have been wearing eyewear for the past six years and i have always hated the feeling. I started out with glasses and I knew right away that the look just wasn't for me. I then went on to wear contact lenses and was happy for a few months until they began to give me daily troubles. I would be teary during the day and people would think I was crying but it was the contact lenses. Although Contact lenses allowed me to see without glasses, they were really annoying and would fall out at times. In June of 2011, I was talking to my friends when the subject of eyes randomly came up. I asked them if they wore glasses or contact lenses and they told me that they didn't. They said that they were under a treatment called Ortho K. I inquired about this treatment and they told me that they slept with contact lenses and when they woke up they would take the lenses out and were able to see perfectly. Sleep With Contact Lenses! See Perfectly! I was beginning to think it was a joke but they emailed me more information about this treatment and I was blown away. Since the day I was given a prescription, I wondered if there would ever be a way to not have to wear glasses or contact lenses. This was that time! Ortho K has given me the ability to see clearly again without needing to wear any eyewear and I LOVE IT!!! Thank you Dr. Bill Berke!!!!

Sincerely,

Rafael Sanchez
Laguna Beach, CA
HS Senior